

# TOP 3 MENTORING TRENDS 2023



## RE- ENGAGEMENT

**50%**

of workers are “quiet quitting”. Employers will lean into mentoring as a key re-engagement strategy.



## AUTHENTIC CONNECTIONS

**80%**

of people now report feeling lonely at work, leaving companies to help facilitate deeper connections.



## DEI-CENTERED SPACES

**100%**

of the DiversityInc Top 50 companies use mentoring. Others will seek to replicate that success and lean further into affinity spaces, especially ERGs.

**References:**

- [1] <https://www.gallup.com/workplace/398306/quiet-quitting-real.aspx>  
[2] <https://www.cnbc.com/2022/02/25/op-ed-connected-yet-few-connections-how-we-combat-work-loneliness.html> [3] <https://www.mentorcliq.com>